FOR IMMEDIATE RELEASE

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"The Beauty of Collaboration and Bridging Communities into One"

San Bernardino, CA – **Esperanza Project** met with Riverside-San Bernardino County Indian Health Inc. **(RSBCIHI)** in Grand Terrance. **Esperanza Project** was offered office space to host their meetings and wellness group sessions to support the awareness of mental health and wellness for the underserved communities.

Esperanza Project became a non-profit in June 2018 with a team of Marriage and Family Therapists, Social Workers and Psychology majors who have great passion in helping and serving the underserved communities. **RSBCIHI** has offered an opportunity through a grant to help **Esperanza Project** grow and continue their mission. This has bridged two identities into one to meet the same passion: to promote mental health and wellness. **Esperanza Project** has gladly accepted the offer and are anxiously ready to start serving the community thanks to **RSBCIHI.**

RSBCIHI – The Community Health Worker Program (CHW) is a Prevention and Early Intervention program funded by the Department of Behavioral Health, designed to provide prevention services to the unserved, underserved and inappropriately served communities including: African American, Native American, and Lesbian, Gay, Bisexual, Transgender and Questioning (LGBTQ), and Native American communities.

What is a Community Health Worker?
A Community Health Worker is a trusted member of the community that focuses on building relationships, promotes mental health and wellness, and refers individuals to culturally appropriate mental health services. https://www.rsbcihi.org/

Esperanza Project (which means hope) is a non-profit organization that provides Wellness through the Arts with the purpose of bringing healing and support through creative expression and turn pain into gain of self-confidence. https://www.esperanzaprojectie.org/

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